

Godfrey S. Kobets



*Our mission: To provide services for treating substance use, mental health, and homelessness so that individuals may return to the community as responsible, employed, and permanently housed contributing members of society.*

**October 2024**

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### **Benilde Hall Clients Open New Doors and Inspire Change**

Congratulations to Benilde Hall program graduate, Aaron! We are thrilled to welcome you to your new apartment and celebrate one full year of sobriety! Aaron stopped by our facility to share the joy of his moving day with Benilde Hall Staff and show the keys to his new apartment. A U.S. Air Force Veteran, Aaron utilized time and resources at Benilde Hall to secure permanent housing and recover from substance use disorder.



Aaron came to Benilde Hall in September of 2023, where he spent one year developing close connections with staff and clients, working towards sobriety, and finding permanent housing.

About half of Benilde Hall's beds are reserved for U.S. military Veterans, like Aaron. Veterans often experience invisible wounds of war that are not adequately supported during the transition to civilian life, including traumatic brain injury, PTSD, and depression. These unique challenges, in addition to the lack of supportive resources, cause Veterans to be **50% more likely to become homeless** than other Americans.

But there is hope for change. Benilde Hall clients, like Aaron, prove that with proper resources and support, we can end homelessness among Veterans in Missouri.

Overcoming homelessness and substance use disorder are challenges that require dedication and perseverance. Benilde Hall's programs help clients triumph over their individual barriers by providing a temporary housing solution, case management services, strong support networks, and access to a variety of additional resources.

We are so proud of Aaron's hard work. We look forward to continuing to

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## Recovery Night Thursday and the role of Spirituality in Recovery



Last Thursday, our clients attended Church of the Resurrection in Leawood to partake in Recovery Night Thursday. Benilde Hall clients were welcomed into a supportive environment where they heard powerful testimonies of recovery and enjoyed a community of open hearts. We are thankful for the hospitality and kindness of Resurrection Leawood!

At Benilde Hall, we connect our clients to various support networks and resources that align with their needs. For many of our clients, spirituality and religion can be an incredible asset when working towards personal growth, accepting oneself, and maintaining sobriety. In addition to bringing our clients to events such as Recovery Night Thursday, Benilde Hall also has a Chaplain on staff who aids our clients in discovering how spirituality might be a good tool for them. Our Chaplain helps clients explore their connection to any religion or belief system and guides them in their journey of developing a healthy relationship with spirituality.

**Scientific studies** have proven faith to be a valuable aspect of the recovery process, regardless of an individual's chosen belief system. Benilde Hall



makes it a priority to respond to our clients' needs and help them discover the tools and support systems that work for them.

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### Fun in Recovery: Kansas City Zoo & Aquarium



Fun in Recovery visited the Kansas City Zoo & Aquarium recently to take a break from the intense emotions and challenges the recovery journey can bring.

Benilde Hall clients have the opportunity to enjoy unique experiences that they may not have access to in the past. When the recovery process can seem overwhelming, Fun in Recovery trips help ease stress, bring new motivation, and remind clients of the fun that can be had in life.

We are so thankful to be able to help our clients explore the wonderful things about Kansas City. The joy Fun in Recovery trips bring is an essential part of healing.

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**Happy Halloween: Clients decorated the Group Room to get in the holiday spirit!**



### **Benilde Impact Builders: Join Today & Start Building**

Become the difference you want to see in the world. Join our compassionate community of Benilde Hall Impact Builders and learn what it means to be a generous and dedicated force for good. Click the link below to learn more and start building your impact.

[Join Benilde Impact Builders](#)



Not ready to make the commitment? That's okay, building a great impact takes time. You can always make a one-time donation or monthly pledge at the link below. Or shop our Amazon Wishlist to gift essential products directly to our clients!

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**Benilde Hall's 30 Year Celebration Luncheon**

BENILDE HALL'S  
30 YEAR  
CELEBRATION  
LUNCHEON

30  
YEARS

a handful of hope

12.6.2024

11:30 AM - 1 PM  
Doors open at 11 AM

Rumely Tractor Historic Event Space  
1222 W 12th St Ste B  
Kansas City, MO 64101



Featuring Keynote Speaker  
Willie Aikens  
Former Kansas City Royals First Baseman  
American League Champion

Scan for tickets &  
sponsorship packages

<https://bit.ly/3PqVM4U>



Sly James joins Benilde Hall 30th Anniversary Celebration!



A photograph of Sly James, former Mayor of Kansas City, speaking at an event. He is wearing a dark suit jacket, a light-colored shirt, and a colorful patterned bow tie. He is holding a microphone in his right hand and gesturing with his left hand. In the background, other people are visible, including a woman with long blonde hair.

Emceeding the event,  
Former Mayor of  
Kansas City,  
**Sly James**

Image credit: BlindManEditing,  
Wikimedia Commons

Join us in commemorating three decades of outstanding service at Benilde Hall! On **Friday, December 6th, at 11:30 AM**, we invite you to join us for this significant milestone at the **Rumely Tractor Historic Event Space** with a Jack Stack BBQ lunch, as we reflect on the journey and impact of Benilde Hall over the years. Our esteemed keynote speaker will be none other than Willie Aikens, former Kansas City Royals First Baseman and American League Champion. In addition, former Kansas City Mayor and special guest, Sly James, will be emceeding the event. Don't miss this opportunity to celebrate and honor thirty years of dedication, resilience, and community at Benilde Hall.

[Secure Your Spot Now](#)

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If you or someone you know is struggling or needs support now, call or text 988 or chat [988lifeline.org](https://www.988lifeline.org). You are not alone!

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Benilde Hall | 3220 E. 23rd Street | Kansas City, MO 64127 US

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