



**Benilde Hall**



**Matt Talbot Apartments**



## History

Benilde Hall began providing transitional housing and substance abuse treatment to indigent homeless men in 1993. In 1997, Benilde incorporated as its own agency, separating from the founding board, the Lay Volunteers of DeLaSalle. In 2006, Benilde Hall opened Matt Talbot, a 12 unit permanent housing apartment building for men who successfully completed the Benilde Hall program. The Matt Talbot House continues to be a successful model of a permanent housing project for formally homeless men.

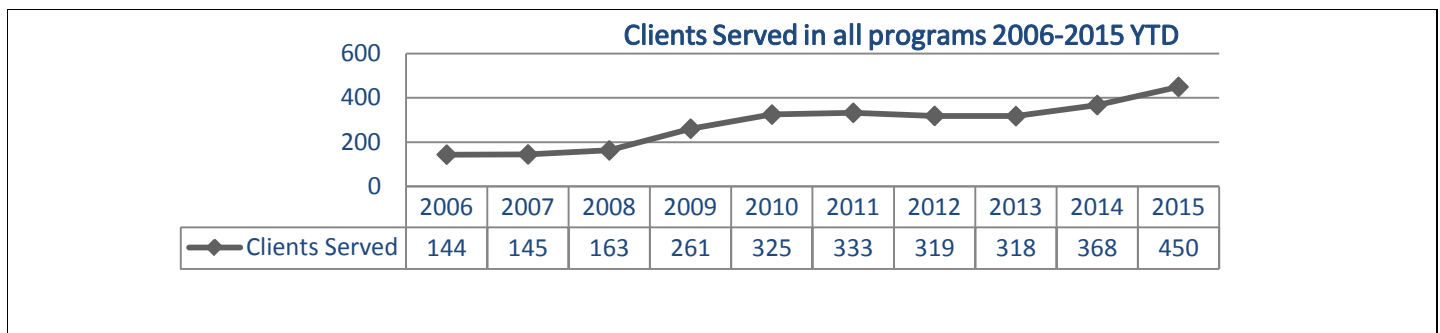
## Problem

The impact of homelessness, substance abuse, and mental health on the community is significant. The cost of homelessness can be quite high. Hospitalization, medical treatment, incarceration, police intervention, and emergency shelter expenses can add up quickly, making homelessness surprisingly expensive for municipalities and taxpayers.

The Homeless Services Coalition of Kansas City surveyed the homeless in the annual Point-in-Time count on January 28, 2015. In the greater Kansas City area 1,446 homeless individuals and families were counted. This represents decrease in homeless individuals in the past 12 months. WE ARE MAKING A DIFFERENCE!!!!

## Clients Served in all Programs 2015

The Benilde Hall Program provides permanent supportive housing, rapid-housing, permanent housing, and transitional housing. Substance abuse treatment, mental health, and case management services are provided for all individuals served.



**The Therapeutic Community of Benilde Hall:**



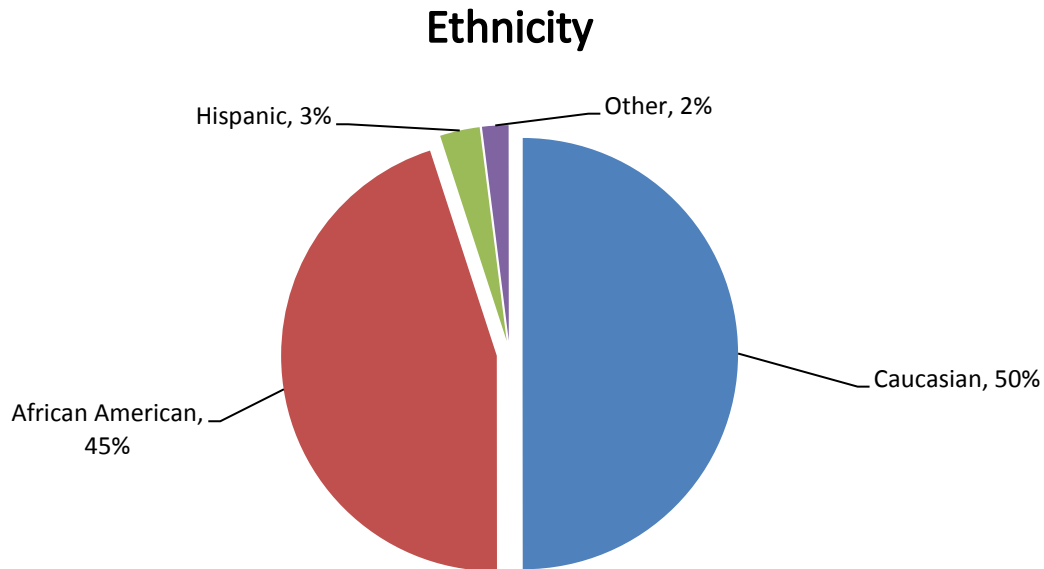
### **2015 Services provided at the Benilde Hall Main Campus included:**

- Housing - Transitional housing services for 65 men and long term independent housing for 12 men.
- Substance Abuse Treatment - All residents must participate in a recovery program that includes group counseling, community groups, individual counseling and community service.
- Services for Persons with Co-existing Disorders - On-site psychological services & psychiatric services for clients with a dual-diagnosis of substance abuse and mental illness.
- Medical Assessment & Education – On site HIV testing and health literacy education groups.
- Case Management - Depending on the unique needs the resident. They may receive additional services to include: employment counseling, independent living skills, recreation activities, legal advocacy & referrals, transportation, spirituality, financial counseling, family counseling, and referrals to community self-help groups.

### **2015 Highlights**

- Supportive housing & treatment services were provided to 450 men, women, and children across all programs. This increase is due to our expansion of VA Emergency Beds and the addition of a permanent supportive housing grant specifically for veterans.
- Individual substance abuse counseling provided 2,451 hours to our clients. Five hundred twenty-two hours (542) of psychotherapy and 131 hours of psychiatric services were also provided.
- Benilde Hall provided 11,501 units of group counseling for substance abuse treatment. For mental health treatment, 4,830 units of Dialectic Behavior Therapy and 792 units of Seeking Safety were provided. Health literacy and HIV educational groups provided a total of 1,027 units.
- To be successfully discharged from Benilde Hall, clients must be abstinent, have stable income, and move to stable housing. In 2015, seventy-three percent (73%) of the clients were successfully discharged from the Benilde Hall Program. This is a 4% increase of the discharge success rate from 2014. Eighty-five percent (85%) of the clients improved mental health and 89% decreased crime involvement and increased social connectedness.
- Clients going through the program build a sense of community support through giving back. This year our clients contributed to 5,496 hours of services to the community.
- Benilde Services, a compensated work program provided employment opportunities to the men of Benilde Hall. The program provides lawn care, nursery & landscaping, painting, snow removal, and repair services. Benilde Services mowed and maintained over 500 city lots in 2015.
- Benilde Hall's community partners include Kansas City Kansas Community College, UMKC, Metropolitan Community Colleges, and Avila University to provide field placement practicum for students in the fields of social work, psychology, and substance abuse and addictions. Under staff supervision, student interns provide counseling services and facilitate groups. The contribution this year in donated time by student interns was approximately 1500 hours.

# A Snapshot of Benilde Hall Clients in 2015

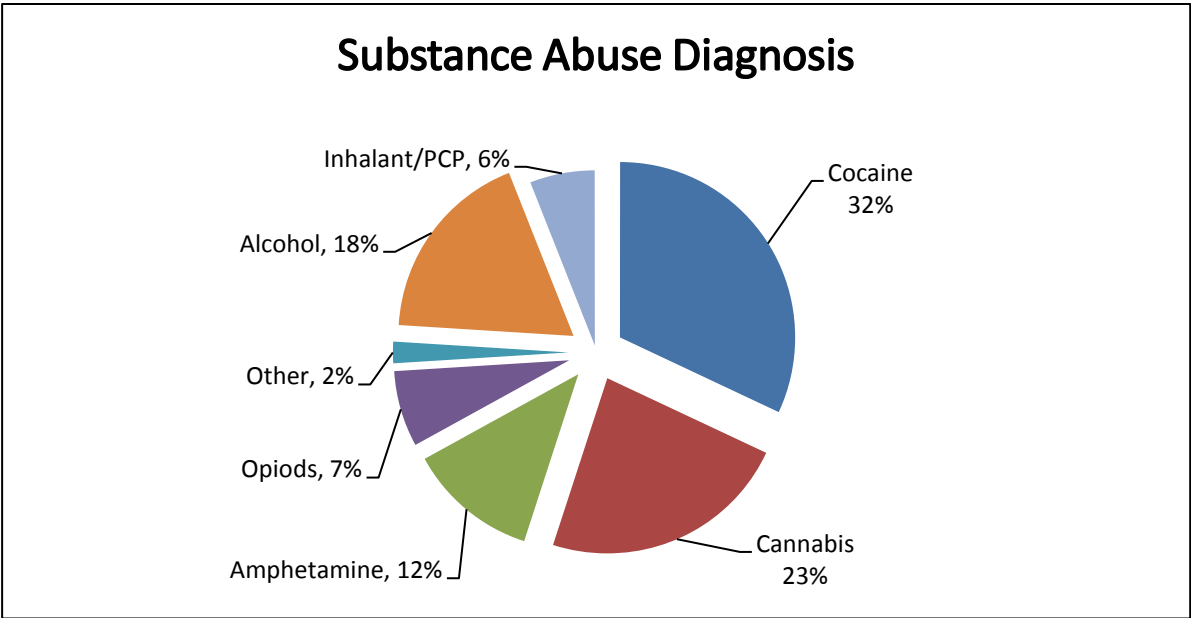
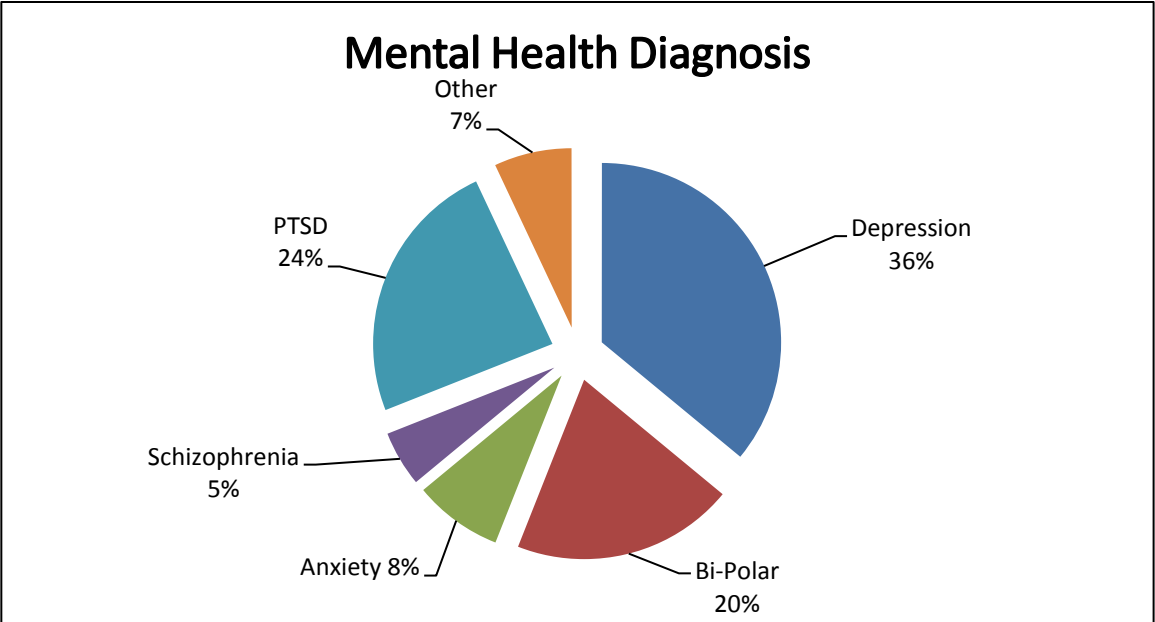


In 2015 upon entering the program:

- All were homeless
- All had addiction problems
- 46% had legal problems
- 62% were veterans
- 65% were suffering from mental illness

In 2015, 54% of clients entering the Benilde Hall program had the dual diagnosis of Substance Abuse and Mental Illness. In 2015, of the 381 men served between the Benilde Hall main campus and the Benilde Hall Safe Haven, 261 or 69% of them were Veterans.

The clients with the dual diagnosis of substance abuse and mental illness benefit from the modified Dialectical Behavior programming at Benilde Hall. Preliminary research shows a decreased length of stay and an increase of successful outcomes at Benilde Hall from this program of treatment.



Although the vast majority of clients abused more than one drug, the primary drugs of choice were Cocaine and Cannabis.

Benilde Hall is certified by the State of Missouri Department of Mental Health. Benilde Hall's expertise and commitment to the homeless population is evident through the support of contracts from:

- Jackson County COMBAT Commission (since 1995)
- US Department of Veterans Affairs (since 1996)
- Jackson County Housing Resources Commission(since 1999)
- Neighborhood and Community Services-City of Kansas City, Missouri (since 2000)
- US Department of Housing & Urban Development (since 2002)
- Access to Recovery – Missouri Department of Mental Health (since 2006)
- Health Care Foundation of Greater Kansas City (2007)
- Heart of America Community AIDS Partnership (2008)
- United Way Foundation of Greater Kansas City (2009)
- United for Hope (2013)
- Moulton Foundation (2010)
- Home Depot (2011)
- Kemper Foundation (2015)
- Oppenstein Foundation (2013)

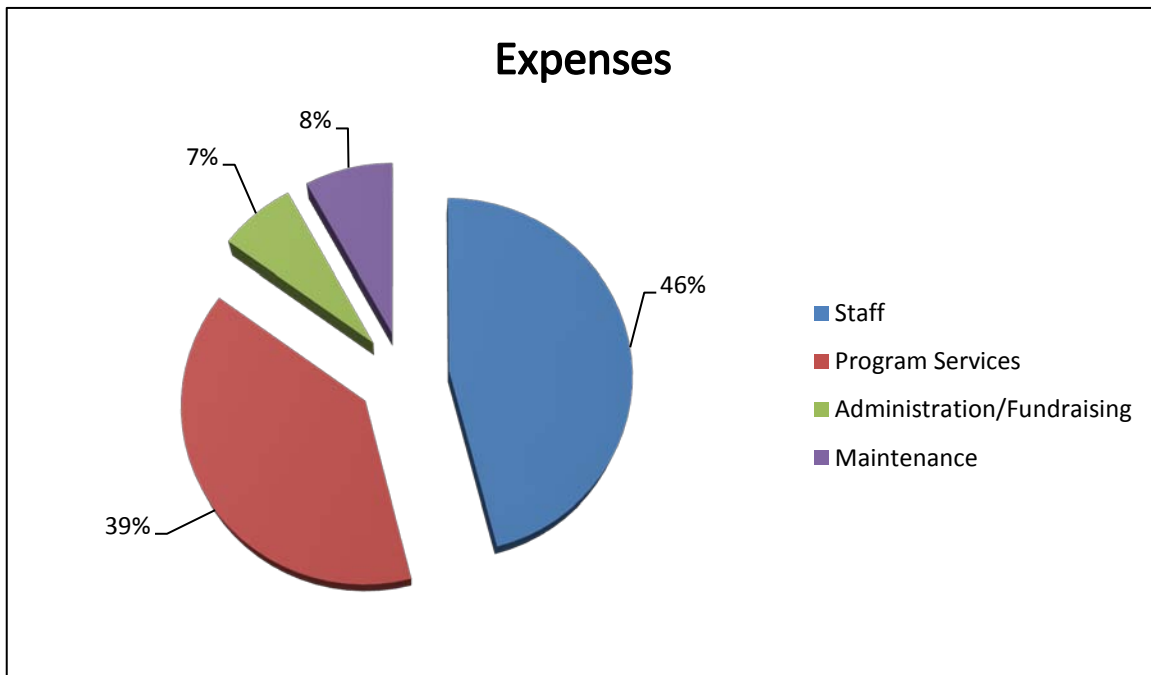
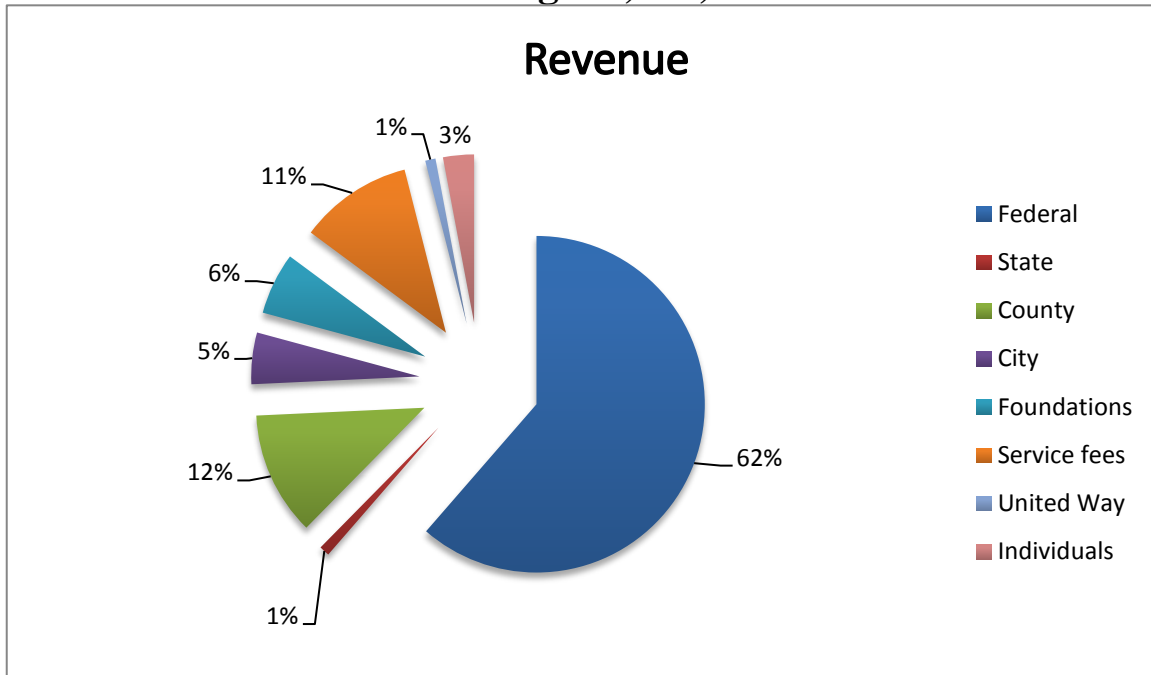
## 2015 Outcomes Benilde Hall Transitional Housing

Outcomes at Discharge	2015 Target at Discharge	2015 All Discharged Clients	2015 Clients More than 30 Days in Program	2015 All Veterans	2015 Dual-Diagnosed
Clients Abstain from Drugs	70% are Abstinent	90% (n=201/224)	87% (n=107/123)	93% (n=142/153)	92% (n=141/154)
Clients have Improved Mental Health	80% have Decreased Mental illness Symptoms	85% (n=186/218)	84% (n=101/120)	88% (n=129/147)	89% (n=133/150)
Reduced Crime & Increased Social Connectedness	80% have Improved Social Connectedness	89% (n=194/218)	88% (n=106/121)	91% (n=134/147)	93% (n=140/151)
Clients have Stable Incomes & /or Employment	70% have Stable Incomes	74% (n=166/224)	77% (n=94/122)	75% (n=114/151)	75% (n=115/153)
Clients have Stable Housing (Moved off streets)	70% have Stable Housing	92% (n=207/225)	90% (n=111/123)	97% (n=148/153)	90% (n=140/155)
Combined Success Rate	60% will Achieve Abstinence, Stable Income, & Stable Housing	73% (n=164/225)	71% (n=87/123)	80% (n=122/153)	72% (n=112/155)



# Financials

## 2015 Budget 2,037, 542



Benilde Hall is a 501(c) (3) not for profit, and donations are tax deductible.

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**Certified by the Missouri Department of Mental Health**

**Funding for the program provided in part by:**

Access to Recovery

City of Kansas City, Missouri

Jackson County Mental Health Levy

The Health Care Foundation of Greater Kansas City

Jackson County COMBAT Commission

US Department of Veterans Administration

US Department of Housing & Urban Development

Kansas City Substance Abuse, Treatment, and Recovery Support Coalition



Benilde Hall  
3220 E. 23<sup>rd</sup> Street, Kansas City, Missouri 64127