



Our mission: *To provide services for treating substance use, mental health, and homelessness so that individuals may return to the community as responsible, employed, and permanently housed contributing members of society.*

November 2024

Benilde Hall understands that recovery takes time: why our average length of stay is growing (and why this is a GOOD thing)

Benilde Hall clients are staying longer, and our success rates are higher. With clients in all programs staying a combined average of 103 days, this is a notable increase from 84 days during this time last year.

Research shows that residents who stay 6 months or longer in a sober living facility experience more all-around benefits than those who stay under 6 months. Those benefits include: more days sober, fewer psychiatric symptoms, fewer depression symptoms, and lower likelihood of experiencing legal trouble.

Benilde Hall is not just a temporary bed to sleep in before residents move on to the next recovery center or shelter. We prioritize long-term recovery and lasting success by taking the time to guide our clients on their journey, every step of the way. Patience, thorough treatment, and after care are essential to long term healing and housing. When residents of sober living facilities leave too early, they have a higher risk of falling back into unhealthy patterns. The more time our clients spend with us, the more likely they'll be to carry their success through the rest of their lives and put an end to the cycles of trauma, substance use, and homelessness.



Benilde Hall's 30 Year Celebration Luncheon: just a month away!



BENILDE HALL'S
30 YEAR
CELEBRATION
LUNCHEON

a handful of hope

12.6.2024

11:30 AM - 1 PM
Doors open at 11 AM

Rumely Tractor Historic Event Space
1222 W 12th St Ste B
Kansas City, MO 64101



Featuring Keynote Speaker
Willie Aikens
Former Kansas City Royals First Baseman
American League Champion

Scan for tickets &
sponsorship packages

<https://bit.ly/3PqVM4U>



We're rapidly approaching our 30th anniversary, and we want to make sure you've had a chance to grab your ticket!

Join us in commemorating three decades of outstanding service at Benilde Hall! On **Friday, December 6th, at 11:30 AM**, we invite you to join us for this significant milestone at the **Rumely Tractor Historic Event Space** with a Jack Stack BBQ lunch, as we reflect on the journey and impact of Benilde Hall over the years. Our esteemed keynote speaker will be none other than Willie Aikens, former Kansas City Royals First Baseman and American League Champion. In addition, former Kansas City Mayor and special guest, Sly James, will be emceeding the event. Don't miss this opportunity to celebrate and honor thirty years of dedication, resilience, and community at Benilde Hall.

Can't make it? We'll miss you, but we understand. Instead, consider donating a ticket to one of our clients and allowing them to join in the fun. Click the link below to give the gift of celebration.

[Tickets Here](#)

Benilde Hall welcomes Exceeds Expectations for Budgeting Workshop: Overcoming financial literacy barriers

For individuals who have been incarcerated or unhoused for long periods of time, learning how to navigate their personal finances is an incredible challenge. Budgeting, paying off debts, and investing in a financially healthy future requires access to resources and education that are often not accessible. This is why we owe a huge thank you to Marilyn Chappell with Exceeds Expectations for leading an informative budgeting workshop for our clients at Benilde Hall. Clients examined their goals, set boundaries, and identified personal strengths & weaknesses when it comes to managing their finances.



This interactive and thoughtful workshop encouraged self-reflection and proactive thinking to help clients understand their money saving & spending habits and how to adjust them to meet their goals.

Our goal at Benilde Hall is not only to provide our clients with a safe environment to allow them to recover from substance use disorder and secure permanent housing, but we also want to ensure they leave equipped with the knowledge, tools, and resources they need to thrive and ensure long term success. Thank you, Exceeds Expectations, for helping us offer these much-needed life skills to our clients.

We're looking forward to welcoming Marilyn and [Exceeds Expectations](#) back to Benilde Hall for upcoming workshops to build off this introductory session.

TAILGATE TAKEOVER at Benilde Hall on Sunday, November, 17th

BENILDE HALL PRESENTS

TAILGATE TAKE OVER



CHEER ON THE CHIEFS AND GET
CONNECTED WITH THE COMMUNITY!

Scan to register
for **FREE!**
\$7 suggested
donation



★ Food provided! ★

Sunday, November 17, 2024 | Kickoff at 3:25 p.m.
Doors open at 2:30 p.m.

Location: Benilde Hall, 3220 E 23rd St, Kansas City MO 64127

Bring your friends and family along and enjoy good food, classic yard games, and football! Have fun and watch the game, all while raising awareness for substance use disorder and housing insecurity.

Drugs and alcohol prohibited

Don't miss out on this unique opportunity to show your support for Benilde Hall! On Sunday, November 17th, we're cheering on the Chiefs as they take on the Buffalo Bills and we want you to join us. There will be food provided, as well as tours of the Benilde Hall facility. The event is free, with a suggested donation of \$7 per guest to directly support our mission. Registration is required, so make sure to click on the button below!

Benilde Hall clients will be in attendance, so we hope you'll be able to join us in making this game day unforgettable. Show your support in the fight to end homelessness and substance use disorder by showing up on November 17th. Don't forget your red and gold!

Register for Tailgate
Takeover

Fun in Recovery: Weston Bend State Park



Fun in Recovery visited Weston Bend State Park recently to enjoy the fall scenery and spend some time in nature.

Benilde Hall clients have the opportunity to participate in Fun in Recovery trips to experience places where they may not have previously been. A frequent challenge our clients face is finding their place in Kansas City once they move on from our facility. In order to ensure individuals don't return to unhealthy habits and the patterns they worked so hard to break, we help them find passions, activities, and places that inspire and motivate them. Not only do Fun in Recovery trips help clients unlock new interests, but they also provide a much-needed break from the difficult challenges presented in the early recovery journey. These trips prevent burn-out, bring joy, and encourage clients to bond with one another as they develop their long-term support network.

We are so thankful to be able to help our clients explore new experiences. Fun in Recovery trips are an essential part of healing.



Benilde Impact Builders: Join Today & Start Building

Become the difference you want to see in the world. Join our compassionate community of Benilde Hall Impact Builders and learn what it means to be a generous and dedicated force for good. Click the link below to learn more and start building your impact.

[Join Benilde Impact Builders](#)



Not ready to make the commitment? That's okay, building a great impact takes time. You can always make a one-time donation or monthly pledge at the link below. Or shop our Amazon Wishlist to gift essential products directly to our

clients!

[Donate](#)

[Shop our Amazon Wishlist](#)

Prep for the colder season with Benilde Services!



You can count on Benilde Services to meet all your home and lawn needs. Whether it's snow removal, plumbing, moving, or minor repairs, we've got you covered. Our commitment goes beyond delivering quality services; we're creating an opportunity for our clients to gain work experience as they get back on their feet. Reach out today at 816-842-5836 x 100 for a complimentary quote.

[Learn More](#)

If you or someone you know is struggling or needs support now, call or text 988 or chat 988lifeline.org. You are not alone!

Stay up-to-date with Benilde Hall



Benilde Hall | 3220 E. 23rd Street | Kansas City, MO 64127 US

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