

Benilde Hall

Treating

Addiction ● Mental Illness ● Homelessness

2016 Annual Report



The mission of the Benilde Hall program is to promote balanced and responsible independent living by preventing the relapse of chemically dependent homeless persons through housing and substance abuse treatment so they can work and live without the havoc and chaos caused by addiction and homelessness.

Benilde Hall



Matt Talbot Apartments



History

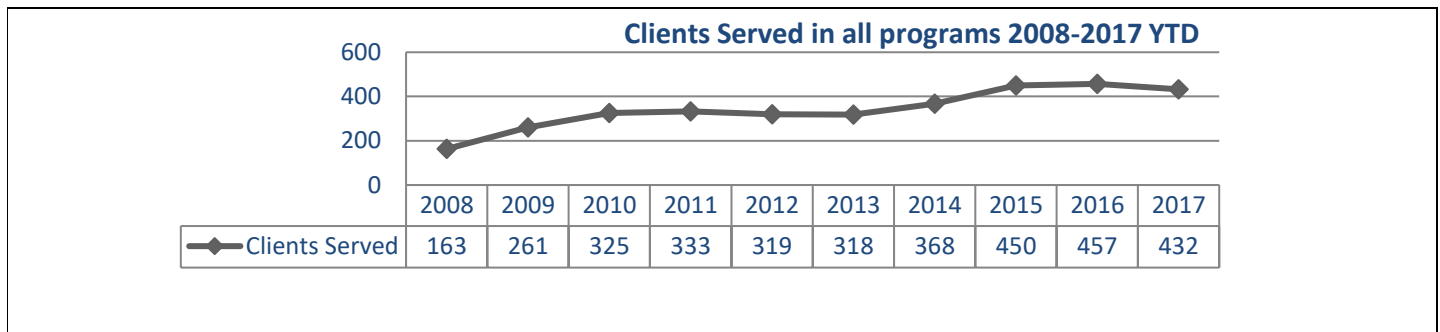
Benilde Hall began providing transitional housing and substance abuse treatment to indigent homeless men in 1993. In 1997, Benilde incorporated as its own agency, separating from the founding board, the Lay Volunteers of DeLaSalle. In 2006, Benilde Hall opened Matt Talbot, a 12 unit permanent housing apartment building for men who successfully completed the Benilde Hall program. The Matt Talbot House continues to be a successful model of a permanent housing project for formally homeless men.

Problem

The impact of homelessness, substance abuse, and mental health on the community is significant. The cost of homelessness can be quite high. Hospitalization, medical treatment, incarceration, police intervention, and emergency shelter expenses can add up quickly, making homelessness surprisingly expensive for municipalities and taxpayers.

Clients Served in all Programs 2016

The Benilde Hall Program provides permanent supportive housing, permanent housing, and transitional housing. Substance abuse treatment, mental health, and case management services are provided for all individuals served.



The Therapeutic Community of Benilde Hall:

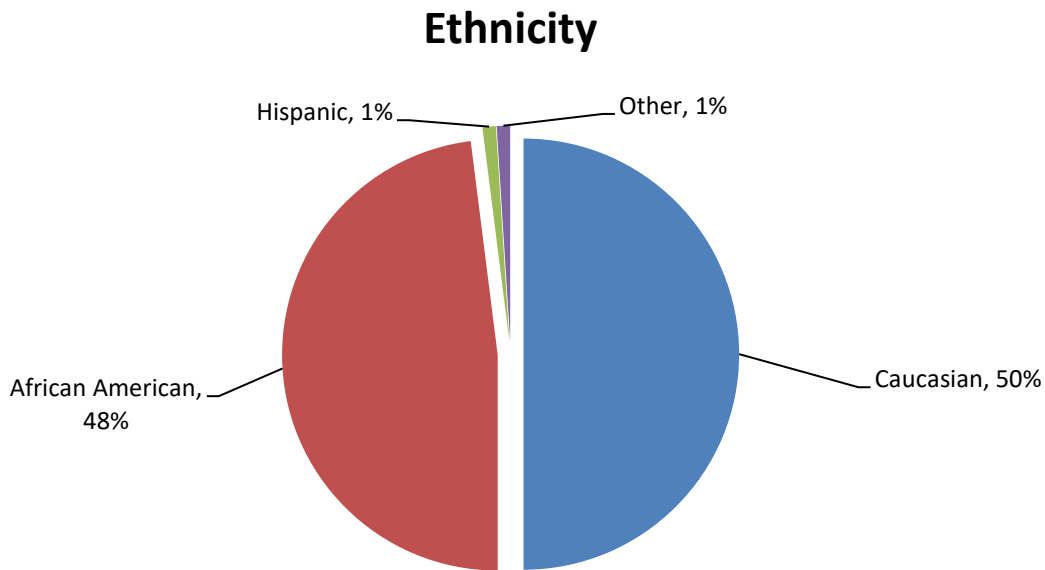
2016 Services provided at the Benilde Hall Main Campus included:

- Housing - Transitional housing services for 85 men and long term independent housing for 12 men.
- Substance Abuse Treatment - All residents must participate in a recovery program that includes group counseling, community groups, individual counseling and community service.
- Services for Persons with Co-occurring Disorders - On-site psychological services & psychiatric services for clients with a dual-diagnosis of substance abuse and mental illness.
- Case Management - Depending on the unique needs the resident. They may receive additional services to include: employment counseling, independent living skills, recreation activities, legal advocacy & referrals, transportation, spirituality, financial counseling, family counseling, and referrals to community self-help groups.

2016 Highlights

- Supportive housing & treatment services were provided to 457 men and women across all programs. This increase is due to our expansion of VA Emergency Beds and the addition of a permanent supportive housing grant specifically for veterans.
- Individual substance abuse counseling provided 2,747 hours to our clients. Three hundred sixty-four hours (364) of psychotherapy and 109 hours of psychiatric services were also provided.
- Benilde Hall provided 12,241 units of group counseling for substance abuse treatment. For mental health treatment, 4,810 units of Dialectic Behavior Therapy and 896 units of Seeking Safety were provided.
- To be successfully discharged from Benilde Hall, clients must be abstinent, have stable income, and move to stable housing. In 2016, fifty-three percent (53%) of the clients were successfully discharged from the Benilde Hall Program. Eighty-five percent (85%) of the clients improved mental health and 89% decreased crime involvement and increased social connectedness.
- Clients going through the program build a sense of community support through giving back. This year our clients contributed to 3864 hours of services to the community.
- Benilde Services, a compensated work program provided employment opportunities to the men of Benilde Hall. The program provides lawn care, nursery & landscaping, painting, snow removal, and repair services. Benilde Services mowed and maintained over 500 city lots in 2016.
- Benilde Hall's community partners include Kansas City Kansas Community College, UMKC, Metropolitan Community Colleges, and Avila University to provide field placement practicum for students in the fields of social work, psychology, and substance abuse and addictions. Under staff supervision, student interns provide counseling services and facilitate groups.

A Snapshot of Benilde Hall Clients in 2016

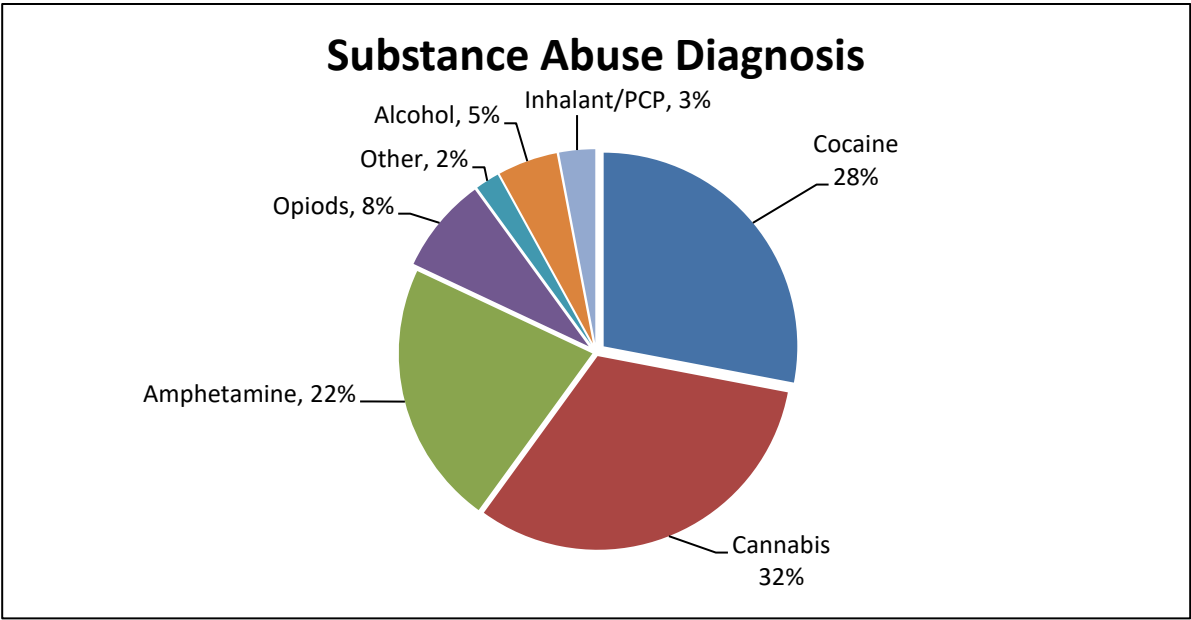
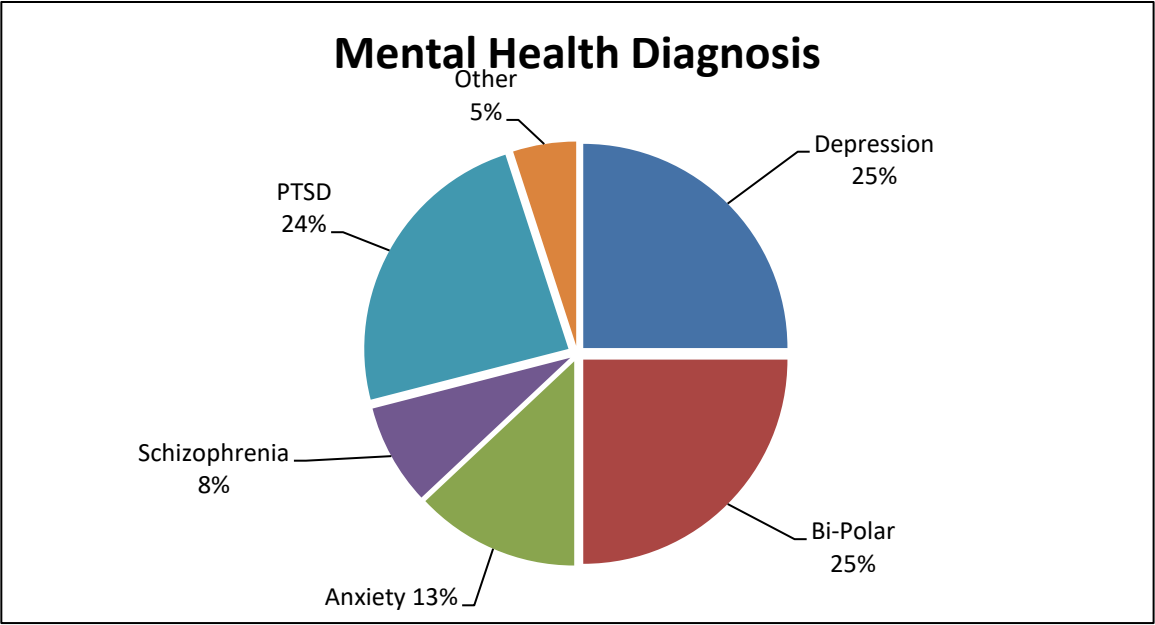


In 2016 upon entering the program:

- All were homeless
- All had addiction problems
- 56% were veterans
- 70% were suffering from mental illness

In 2016, 70% of clients entering the Benilde Hall program had the dual diagnosis of Substance Abuse and Mental Illness. In 2016, of the 426 men served between the Benilde Hall main campus and the Benilde Hall Safe Haven, 240 or 56% of them were Veterans.

The clients with the dual diagnosis of substance abuse and mental illness benefit from the modified Dialectical Behavior programming at Benilde Hall. Preliminary research shows a decreased length of stay and an increase of successful outcomes at Benilde Hall from this program of treatment.



Although the vast majority of clients abused more than one drug, the primary drugs of choice were Cocaine and Cannabis. In 2016 Benilde Hall saw a 10% increase in amphetamine use.

Benilde Hall is certified by the State of Missouri Department of Mental Health. Benilde Hall's expertise and commitment to the homeless population is evident through the support of contracts from:

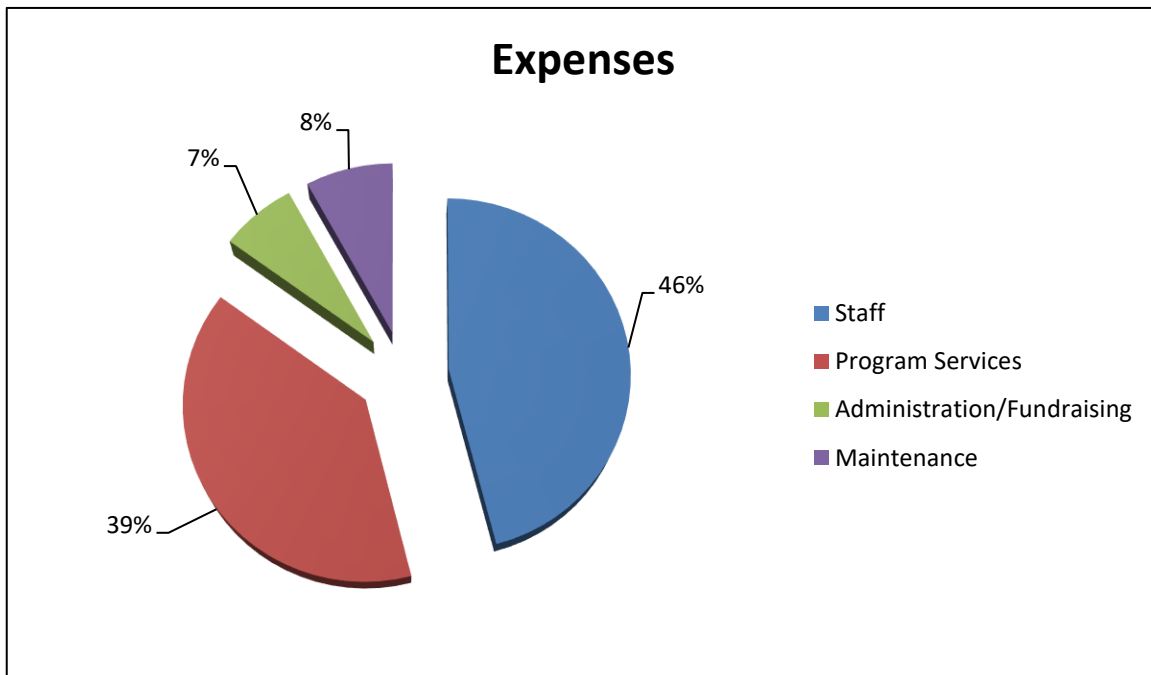
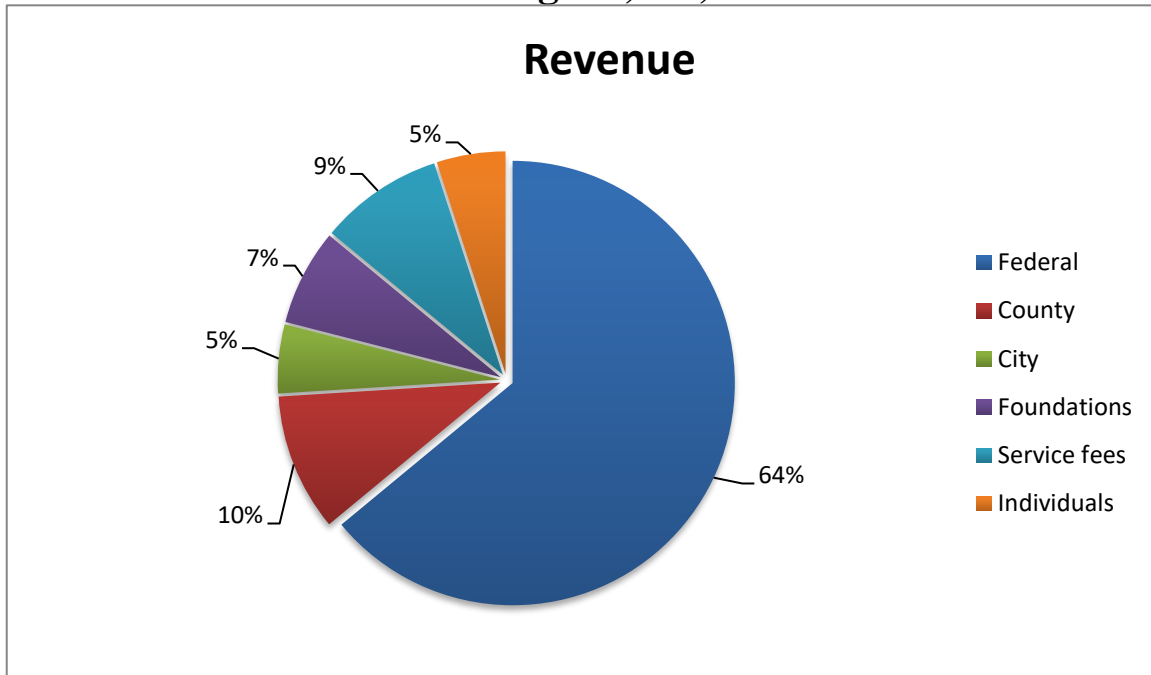
- Jackson County COMBAT Commission (since 1995)
- US Department of Veterans Affairs (since 1996)
- Jackson County Housing Resources Commission(since 1999)
- Neighborhood and Community Services-City of Kansas City, Missouri (since 2000)
- US Department of Housing & Urban Development (since 2002)
- Access to Recovery – Missouri Department of Mental Health (since 2006)
- United Way Foundation of Greater Kansas City (2009)
- Moulton Foundation (2010)
- Kemper Foundation (2015)
- Oppenstein Foundation (2013)

2016 Outcomes Benilde Hall Transitional Housing

Outcomes at Discharge	2016 Target at Discharge	2016 All Discharged Clients	2016 All Veterans
Clients Abstain from Drugs	70% are Abstinent	80%	90%
Clients have Improved Mental Health	80% have Decreased Mental illness Symptoms	85%	88%
Reduced Crime & Increased Social Connectedness	80% have Improved Social Connectedness	89%	93%
Clients have Stable Incomes & /or Employment	70% have Stable Incomes	66%	81%
Clients have Stable Housing (Moved off streets)	70% have Stable Housing	65%	82%
Combined Success Rate	60% will Achieve Abstinence, Stable Income, & Stable Housing	70%	84%

Financials

2016 Budget 2,037, 542



Benilde Hall is a 501(c) (3) not for profit, and donations are tax deductible.

Benilde Hall Board of Directors

Dr. Ed. Golden Tim Larson Keith Shuttleworth Simeon Henderson	Brian Morales Mark Porter Ray Randall Wm. Kent Jewell, Executive Director
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Certified by the Missouri Department of Mental Health

Funding for the program provided in part by:

Access to Recovery

City of Kansas City, Missouri

Jackson County Mental Health Levy

The Health Care Foundation of Greater Kansas City

Jackson County COMBAT Commission

US Department of Veterans Administration

US Department of Housing & Urban Development

Kansas City Substance Abuse, Treatment, and Recovery Support Coalition



Benilde Hall
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